



CALIFORNIA STATE BOARD OF EDUCATION

MARCH 2004 AGENDA

SUBJECT Funding Approval for the California Healthy Kids Resource Center for State Fiscal Year 2003-2004	<input checked="" type="checkbox"/> Action
	<input checked="" type="checkbox"/> Information
	<input type="checkbox"/> Public Hearing

RECOMMENDATION

Approve \$70,200 from the General Fund to support a contract with the California Healthy Kids Resource Center (CHKRC) totaling \$120,000.

SUMMARY OF PREVIOUS STATE BOARD OF EDUCATION DISCUSSION AND ACTION

The State Board of Education approved the use of state funds for the support of the CHKRC in fiscal year 2000 - 2001. The California Department of Education (CDE), Nutrition Services Division (NSD) has used federal funds to support the CHKRC during the last two years.

SUMMARY OF KEY ISSUES

In 1975, the Legislature enacted the Child Nutrition Facilities Act (Senate Bill 120) that provides matching funds for federal nutrition education activities and requires State Board of Education approval of how the state funds are to be used. The NSD utilizes these funds to provide nutrition education and training programs that support local educational agencies.

The CHKRC is a lending library of nutrition, food service, and health education materials. The materials are loaned to educators, health professionals, and food service professionals in schools and childcare agencies that are working to build children's skills to make healthy food choices. The CHKRC is funded by a variety of programs within the CDE.

Educators have used the services of the center for over 20 years to enhance classroom nutrition education, food service training activities, and educational programs for the school and child care community. Without this requested funding, CHKRC will be unable to provide nutrition and food service education services that educators have come to depend upon to guide California's children in making healthy food choices.

Federal funds will be used to cover the remaining contract amount. The CHKRC provides schools and childcare agencies with current nutrition and food service education information and resources that support the health and well-being of California's children.

FISCAL ANALYSIS (AS APPROPRIATE)

The State Board of Education approves funding for nutrition education programs pursuant to the Education Code guidelines. Only \$70,200 from the General Fund is available this year to fund nutrition education activities due to reductions in the NSD's General Fund Budget. The NSD will use federal funding to cover the remaining contract amount.

The \$70,200 (General Fund) is eligible for matching funds through the Department of Health Services' *California Nutrition Network for Healthy Active Families*. The NSD will receive approximately 50 per cent of the matching funds from the *Network* to support other nutrition education objectives. Only local and state funds are eligible for *Network* match. NSD is primarily funded with federal dollars; therefore, these general funds are critical to identifying matching dollars.

ATTACHMENT

[Attachment 1](#): Background Information about the California Healthy Kids Resource Center (2 pages).

The California Healthy Kids Resource Center (CHKRC) provides nutrition and food service instructional and professional resources and technical assistance to California public and private non-profit schools, school districts, teacher preparation institutions, and child development programs. Last year, the CHKRC loaned over 2500 nutrition and food service education materials to educational agencies.

Instructional and Professional Resources – The CHKRC maintains an updated online catalog of nutrition and food service education materials. The CHKRC researches, evaluates, and purchases audiovisual and multimedia instructional and program materials. The materials in their collection emphasize nutrition education for disease prevention and intervention that promotes the development of lifelong healthy eating behaviors. Instructional materials that integrate with California content standards receive high priority. Attention is given to food service education materials that assist child nutrition personnel in planning and serving nutritionally adequate, tasty, appealing, and safe meals for students to eat. Materials that assist with the implementation of CDE's School Meals Initiative and the Child and Adult Care Food Program requirements receive high priority.

All materials are evaluated by the CHKRC's Material Review Board. This board is made up of teachers, child nutrition personnel, nutritionists, and health educators. Only those materials that receive the highest evaluation are considered for acquisition and circulation.

Users can electronically order materials or use printed catalogs to order materials. The CHKRC circulates materials on a free-loan basis for use by students, teachers, administrators, teacher-credential program faculty, other local education agency personnel, and parent or community groups working with child nutrition personnel or preschool to grade twelve students in school settings.

Technical Assistance – The CHKRC provides technical assistance and training in the areas of nutrition and food service education to support educators and child care professionals. The CHKRC participates in statewide and regional conferences and meetings. They also coordinate information about teleconferences sponsored by the National Food Service Management Institute and the Centers for Disease Control, as appropriate. Copies of the teleconferences are available.

The CHKRC:

- Develops teacher support materials such as teacher guides and lesson plans. These materials are designed to increase the effective classroom use of nutrition education resources and incorporate the most recent research on skill-based learning, behavior change, and effective health education;
- Maintains a Web site calendar of professional development opportunities. Summaries of key research articles related to nutrition and food service education are on the CHKRC Web site and copies of the full articles are made available for loan. Links to other Internet nutrition and food service education professional resources are also available; and
- Publishes a newsletter three times a year. The newsletter contains exemplary nutrition and food service curricula and/or programs, effective practices, and new resources. It is distributed to all schools, child development programs, county offices of education, and all active clients.