

**FEDERAL WAIVER COVER SHEET**  
**CALIFORNIA STATE BOARD OF EDUCATION**  
**NOVEMBER 2003 AGENDA**  
**Item No. WC-4**

<b>TITLE:</b> Request by <b>Redondo Beach Unified School District</b> to waive No Child Left Behind Act (NCLB); <b>Title IV, Part A, Section 4115 (a)(1)(C)</b> to use Safe and Drug Free Schools and Communities funds to support the cost of <b>Hooked on Health</b> a kindergarten through sixth grade health education program.	<hr/> <b>ACTION</b> <hr/> <b>INFORMATION</b> <hr/> <b>PUBLIC HEARING</b> <hr/> <b>X</b> <b>CONSENT</b>
<b>CDSIS:</b> Fed-04-2003	

**RECOMMENDATION:**

The Department recommends:

Approval on the condition that the district evaluate **Hooked on Health** for alcohol, tobacco and other drug use prevention outcomes and submit the program to the California Healthy Kids Resource Center no later than November 2005 for review. A report of the district's progress in meeting this condition must be submitted to the department no later than November 2004.

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**Summary of Previous State Board of Education Discussion and Action:**

The SBE previously adopted policy 03-01 that requires a program or activity supported with Safe and Drug Free School and Communities (SDFSC) funds to meet the principles of effectiveness. Attachment A of the policy lists those programs that provide scientific evidence that the program reduces violence and illegal drug use as required by Title IV, Part A Section 4115. A waiver to allow the use of SDFSC funds to support a program not listed on Attachment A is presented for consent when it meets the criteria otherwise listed in the SBE Waiver Policy.

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**Summary of Key Issue(s):**

The waiver application from the **Redondo Beach USD** regarding the **Hooked on Health** program has been reviewed to ensure compliance with the three major criteria described in SBE policy 03-01 that must be met in order for the waiver to be approved by the board. The waiver application's success in meeting each of the three criteria is described as follows:

**Is the program innovative?**

Hooked on Health has been in existence since 1993 and does not meet the test for being a new program. However, the program is based on using interactive strategies to deliver the program as recommended by the Health Framework. Furthermore, The California Department of Education's publication *Getting Results Update 2: Assessing the Effectiveness of Classroom Based Prevention Programs, 2001*, states that commercially produced health textbooks are typically not evaluated in an empirical fashion according to the *Getting Results, Update 2 (2001)* criteria of effectiveness. **The opportunity to subject Hooked on**

**Health to evaluation employing scientifically-based research methodology in order to determine if health education using interactive teaching strategies will change student behavior related to alcohol, other drug, and tobacco use and violence would represent an innovative addition to the field of research.**

**Does the program demonstrate substantial likelihood of success?**

Outcome measures from preliminary program evaluation submitted by the applicant have established the program's potential to promote physical activity and nutrition. No data or other evidence was cited for preventing alcohol, tobacco, drug use or violence as required by SBE policy #03-01. **However, data from the district's California Healthy Kids Survey's Resilience Module shows that students participating in Hooked on Health report high levels of protective factors that research has shown are strongly correlated with prevention of risk behaviors.** A scientifically rigorous evaluation of Hooked on Health that would measure the effectiveness of an interactive health curriculum for fostering protective factors and lowering risk behavior prevalence would be a welcomed addition to the scientific literature.

**Is there a plan and timeline for submitting the program for review and recognition?**

The applicant has the stated intention of supporting scientific evaluation of the Hooked on Health program designed to measure program outcomes. As a **condition of approval**, the applicant must collect data and evidence of program effectiveness to be submitted to the California Healthy Kids Resource Center by November 2005 for review and consideration to be designated a "research-validated" program for tobacco, alcohol, and other drug use or violence prevention. A report of progress made in evaluating the program is due to the California Department of Education by November 2004 and is a **condition of waiver approval**. A fax supplement to the waiver application stating the applicant's plan and timeline for evaluation and program submission was provided by the applicant and has been attached.

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Waiver Authority: NCLB, Title IV, Part A, Section 4115(a)(3)

Local board approval date: 8/2003

Effective dates of request: 9/1/03-9/1/05

**Fiscal Analysis (as appropriate):** Waiver approval will allow the district to use funds for this program.

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**Background Information:**

Waiver request forms and supporting documents are available for inspection in the Waiver Office.